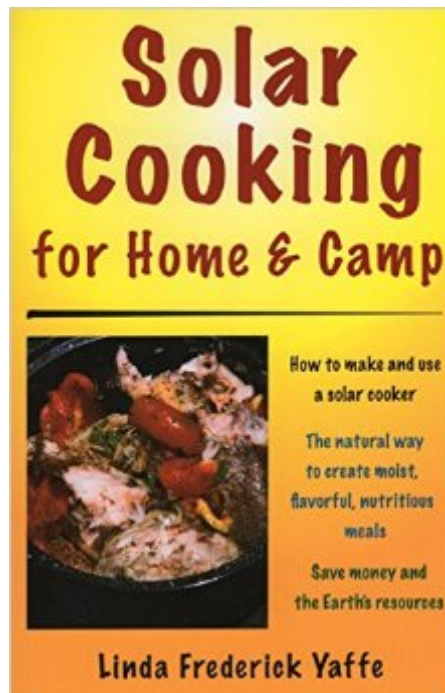


The book was found

Solar Cooking For Home & Camp: How To Make And Use A Solar Cooker



Synopsis

Quickly toss together the ingredients for Cashew Curry, place it in the solar cooker, point the cooker to the midday sun, and head to work. You'll come home to a ready-to-eat hot meal. Solar cooking is a simple and easy way to prepare a meal without heating up the kitchen, simply by using the sun's heat. Perfect for dishes requiring delicate cooking like Cheese Strata and Solar Baked Custard, and fish cooks up moist. Eliminate parboiling and marinating--it's done all in one step. Make your own solar box or folding panel cooker. Easy recipes that can be made with little preparation at home or in camp. Side dishes and snacks, soups, stews, chilies, fish and seafood, casseroles, pasta, and baked goods.

Book Information

Paperback: 128 pages

Publisher: Stackpole Books (June 18, 2007)

Language: English

ISBN-10: 0811734021

ISBN-13: 978-0811734028

Product Dimensions: 5.5 x 0.3 x 8.2 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (33 customer reviews)

Best Sellers Rank: #58,406 in Books (See Top 100 in Books) #9 in [Books > Cookbooks, Food & Wine > Outdoor Cooking > Camping & RVs](#)

Customer Reviews

I have a collection of solar cookbooks. I have two solar ovens of different varieties. I use the sun to cook our food. I was impressed with this book from the outset. Although not large at 120 pages, it contains directions for making two different types of solar cookers as well as source lists for solar cooking (societies, pre-made cookers, how to pasteurize water/milk), not to mention some very good recipes (the Chili Corn Bread And Banana Cake recipes are to die for). I highly recommend this book as both an informational resource as well a damned good little cookbook.

This cookbook has been a pleasure to use. It has a wide variety of recipes and ideas that my family loves. This book also gives you instructions on how to build and use your own solar cooker.

The cover of the book shows a nice photo of a recipe using meat and chicken. I felt very

disappointed when I opened the book and found very few recipes using meats. I'm not a vegetarian and can't stand tofu so seeing most of the recipes in this book geared toward those who avoid meat made me wonder what kind of camping this author ever did. If I had known the contents of this book I wouldn't have bought it.

Needed a book to learn the ins and outs of solar cooking. Found enough in this book to get started with my new solar oven. Clear explanations with pictures. Includes directions for constructing your own solar oven.

This book not only tells you how to cook foods along with some recipes, in the solar cooker, it has plans on how to build a solar cooker. If you're making an emergency kit - this should definitely be in there - after you read it!!!

This book includes instructions to make a couple of types of solar cookers. The commercial ones cook better, but these work OK for casseroles and such. I have also made bread. You need a very sunny day for that. It's fun to experiment with these.

Excellent book with good guide to make a simple solar oven. No need to spend hundreds of dollars when you can make your own for \$10 and be cooking the same day. We have made bread in January, cookies, soups, stews, bacon, rolls, and so much more. Use it with a Dutch oven for great results. The bread is better than conventional oven.

It's rare that I write reviews, but I felt like I was ripped off with this book. Yes, it's about solar oven cooking, but about 10 pages are dedicated to building your own, a handful of pages are about technique, and then the vast majority of the book are recipes. I was hoping on the best way to use the solar cooker, how to position it, tricks for different types of food, etc, etc. I had already read pretty much everything the book had to say by just using Google.

[Download to continue reading...](#)

Solar Cooking for Home & Camp: How to Make and Use a Solar Cooker The Best Slow Cooker Recipes & Meals Cookbook: Over 100 Healthy Slow Cooker Recipes, Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast ... Recipes, Slow Cooker Desserts and more! Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook

Recipes Pressure Cooker Cookbook: 370 Quick, Easy, and Healthy Pressure Cooker Recipes for Amazingly Tasty and Nourishing Meals (Pressure Cooker, Electric Pressure Cooker Cookbook)
Pressure Cooker Cookbook: 100 Quick, Easy, and Healthy Pressure Cooker Recipes for Nourishing and Delicious Meals (Pressure Cooker Recipes, Pressure Cooker) (Volume 1) Rice Cooker Recipes: 50+ Rice Cooker Recipes - Quick & Easy for a Healthy Way of Life (Slow cooker recipes - rice cooker - recipes) Emeril's Cooking with Power: 100 Delicious Recipes Starring Your Slow Cooker, Multi Cooker, Pressure Cooker, and Deep Fryer Top 500 Instant Pot Pressure Cooker Recipes: (Fast Cooker, Slow Cooking, Meals, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Dinner) Quick & Easy Recipes: Over 50 Simple and Delicious Vegan & Vegetarian Rice Cooker Recipes That Anyone Can Make! Recipes for Weight Loss & Overall ... (Rice cooker Recipes - Rice Cooker Cookbook) Rice Cooker Zojirushi Guide: The Best Recipes For Your Rice Cooker: Make The Best Tasting Rice Cooker Recipes Quick And Easy Low Carb Aroma Rice Cooker: 50 Easy, Low Carb and Paleo Recipes with Your Rice Cooker for Busy People (Low Carb Meals & Rice Cooker) Solar Electricity Handbook: 2016 Edition: A simple, practical guide to solar energy - designing and installing solar PV systems Solar Electricity Handbook - 2014 Edition: A Simple Practical Guide to Solar Energy - Designing and Installing Photovoltaic Solar Electric Systems The Ultimate Rice Cooker Cookbook: The Best Rice Cooker Recipes Cookbook You Will Find; Over 25 Mouthwatering Rice Cooker Recipes You Will Love! The Ultimate Rice Cooker Cookbook: 25 Amazing Recipes You Can Make In Your Rice Cooker At Home! Slow Cooking for Two: A Slow Cooker Cookbook with 101 Slow Cooker Recipes Designed for Two People Dutch Oven Cooking: 30 Mouthwatering Dutch Oven, One Pot Recipes for Quick and Easy Campfire Meals (Dutch Oven & Camp Cooking) Today's Hits - Rock Band Camp Volume 2: Book/2-CD Pack (Rock Band Camp All Access) The Passive Solar House: Using Solar Design to Heat and Cool Your Home (Real Goods Independent Living Book) The Passive Solar Energy Book: A Complete Guide to Passive Solar Home, Greenhouse and Building Design

[Dmca](#)